

Welcome to Creative Health in Action

What is Creative Health in Action?

Creative Health in Action is a showcase of Community activities that are all about how creativity can impact and improve health and wellbeing. There will be performances, workshops, exhibitions and stalls.

Where is it happening?

Creative Health in Action takes place at Bristol Beacon. Bristol Beacon looks like this:



When is it happening?

Creative Health in Action will take place at Bristol Beacon, Trenchard Street, BS1 5AR, on Friday 18 October 2024.



Start time: 11.00am

End time: 2.30pm

You are welcome to come join us for all or just part of the day.

Do I need a ticket?

CHIA is free to attend, so you can come along on the day. It helps us to know how many people are coming so you can book a free ticket on the Bristol Beacon website by visiting:



<https://bristolbeacon.org/whats-on/creative-health-in-action/>

Where to come in?

You can enter Bristol Beacon through an entrance on Colston Street. The door on Colston Street looks like this:



How can I get there?

Bristol Beacon is postcode is **BS1 5AR**. We have two entrances on Colston Street and Trenchard Street.

Disabled parking can be found in the **NCP Trenchard Street** car park.



A lay-by for curb-side drop-off is immediately outside Bristol Beacon on Pipe Lane.

What will I experience at Creative Health in Action?

There will be lots of things to see and do at Creative Health in Action.

There will be

- Performances including music, dance, poetry,
- Stalls and displays to talk to people
- Art exhibitions
- Interactive workshops

There will be lots of people and sometimes it might be a little bit loud.



Activity will be happening across the entire foyer building. There will be seven areas where things are happening for Creative Health in Action.

These are:

1. Lower Ground Floor (level Lower Ground)
2. Kennedy Room (level Lower Ground)
3. Sound Lounge (Ground floor level)
4. Stalls Bar (level 1)
5. Film room (level 1)
6. Terrace Bar (level 3)
7. Quiet space (level 3, bridge E)

Lower Ground Floor – this is the main stage. You might see choirs, dance groups, or poetry here.



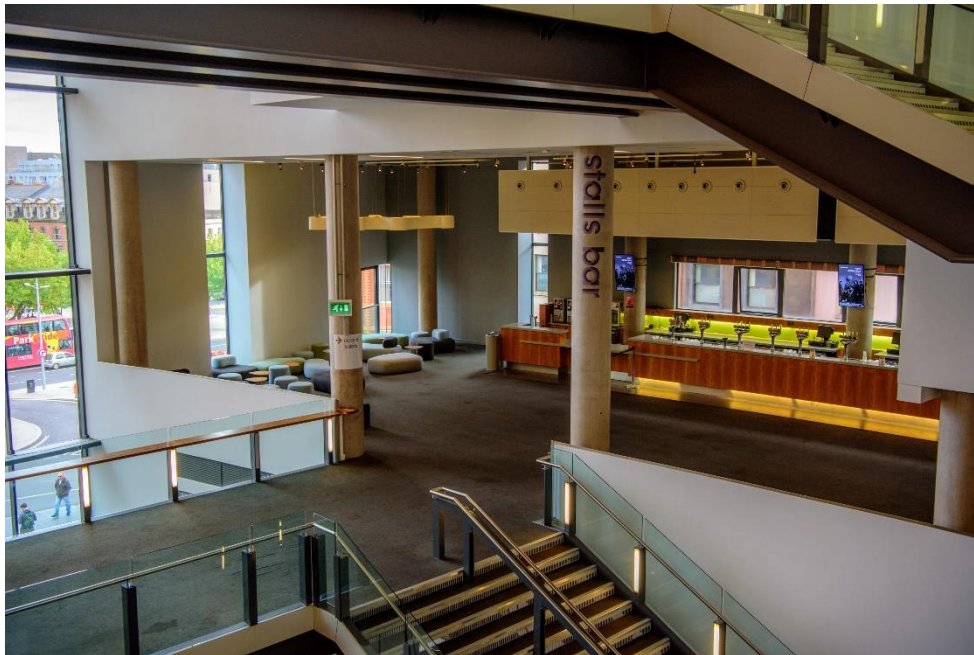
Kennedy Room – this is a small gallery space. There will be an exhibition in here.



The Sound Lounge – this is opposite the box office and will be a space for small performances, interactive workshops including a human library with people telling their stories. The Sound Lounge looks like this.



The Stalls Bar – this is on level one, where there will be tables with people selling things and stalls. The Stalls Bar looks like this



Film room in Meeting Room 2 – this is on level 1 close to the toilets. This will have a loop of films you can watch at any time. There will also be a talk there from 13:00-13:30 on Creative Health research.



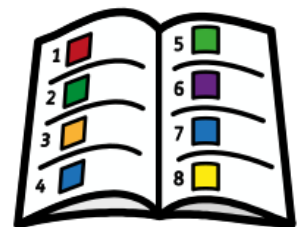
The Terrace Bar – this is on level three and is where workshops will happen. This is picture of the Terrace Bar with tables and chairs in it, it will be clear on the day.



What can I do at CHIA?

You can view the full programme by clicking [here](#).

In the programme you will find information about the different performances and activities, when and where they are taking place.



Performances

Lower Ground Floor

Bath Aphasia Choir
11.15am-11.45am

Gerry's Attic Dance
12.00-12.15pm

Open Door Drama
12.30-12.45pm

Rising Voices
Recovery Choir 13.00-
13.15

Bristol Beacon Pulse
Group 13.45-14.15



Sound Lounge
Performances and
Workshops

Ground Floor

Writing 4 Wellbeing
11.45-12.00

Sounds in Nature Jam
12.15-12.30

Human Library 12.45-
13.00

Bristol Bones and
Joints Movement
13.15-13.30

Human Library 13.30-
13.45



| | | |
|--|---|--|
| <p>Ongoing Interactive workshops</p> | <ul style="list-style-type: none"> • Play with Clay • Postcard to yourself • Expressive pockets textile workshop • Chat to Bristol City Council about creative health in the city |  |
| <p>Exhibitions</p> | <p>Art, photography and much more</p> |  |
| <p>11am-14.30 Kennedy Room, lower ground floor</p> | | |
| <p>Film room</p> | <p>Watch films on loop</p> |  |
| <p>Meeting room 2, level 1</p> | <p>Talk on Creative Health Research from 13:00-13:30</p> | |

Toilets

Our accessible toilet facilities are found on all levels and are signposted in the building.

Registered assistance dogs and emotional support animals are allowed.

We also have a changing places toilet.

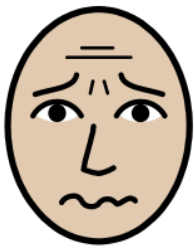


Who will be around to support?

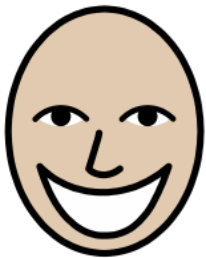


Stewards will be wearing blue t-shirts

Anyone in these uniforms will be able to help you.



When something is new, this might make us feel a little nervous or anxious... and that is ok.



We might also feel happy or excited... that is all OK too.

We are looking forward to welcoming you to Bristol Beacon.

If you have any questions, please contact:

access@bristolbeacon.org

0117 2034040

<https://bristolbeacon.org/access/>